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Legal fees no biggie: Harper

The PM says paying senators' legal fees is normal; meanwhile, Wallin and Brazeau say that no one offered to help them **PAGE 10**

WILLIAM BUTLER FEELS THE ISLAND RHYTHMS

THE BAND WITH THAT SOUND THAT WE ALL SEEM TO REALLY ENJOY WAS INSPIRED TO MAKE REFLEKTOR AFTER A TRIP TO HAITI **PAGE 16**



Peace Bridge 'more than just a means of crossing the river'

**Foot & bike
commuters.** Peace
Bridge, nearby spans
see increase in traffic

JEREMY NOLAIS
and BRYAN WEISMILLER
calgary@metronews.ca

Sunnyside resident Malcolm Mackenzie expected a surge in foot traffic when the Peace Bridge opened in 2012, providing another river crossing into the downtown core.

But he's surprised by who's congregating nowadays at the now-iconic steel helix-like bridge: buskers, graduate classes and tourist groups.

"At least half the time I come across this bridge someone is here just to take a picture of the bridge," he said. "That just seems to be

what their purpose is.

"It seems to be more than just a means of crossing the river."

Ekke Kok, the city's manager of transportation data, reinforced Mackenzie's accounts and provided new figures. On Tuesday, Kok said a pedestrian count in August showed that much of the traffic on the Peace Bridge comes over the lunch-hour, with many simply taking part in a leisurely walk or testing out their camera gear.

"It's still a destination in some ways, just maybe not quite in the way it was when it first opened," he said.

An initial count of foot and cycling traffic across the Peace Bridge in May 2012 showed higher-than-expected numbers, with 6,100 crossing the iconic span over a 16-hour period.

Officials had intended to

do another count in May of this year but gloomy conditions forced them to delay. But their final tally in August showed even more people crossing the bridge, a total of 6,300 over 16 hours.

Even more encouraging to Kok's team is sustained traffic on the nearby Louise and Prince's Island spans. Officials did a count of traffic on those bridges in 2011 in anticipation that traffic would fall off once the Peace Bridge opened. But while the Louise bridge saw 400 fewer travellers in the August count, the Prince's Island version saw 922 more, Kok said.

"It's absolutely fantastic," he said of the results. "Every little bit of difference we can make towards either getting people to walk or cycle is really in support of the Calgary transportation goals ... it's a real bonus."



Calgarians have flocked to the once-controversial Peace Bridge. New figures provided to Metro show the \$24.5-million river crossing has remained popular without gobbling up traffic from neighbouring bridges. BRYAN WEISMILLER/METRO



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Education. Minister will not intervene in class-size struggle

Alberta's education minister is warning that data on class sizes can be "very deceiving" and said Tuesday he won't intervene to prevent situations with 40 or more Calgary kids being instructed by a single teacher.

Jeff Johnson's comments come after he previously told the public last month that it "isn't acceptable" for boards to be allowing class-size ratios to swell because the province bumped up education funding by two per cent in March.

But now the minister says he doesn't believe widespread reports from administrators, teachers, parents and even students of high-school classes with 40 or more kids to be concrete proof of whether a problem exists. He added that researchers at a conference he recently attended in Istanbul, Turkey, said the quality of the teacher is far more important than the number of students under their direction.

"I don't want to see us get trapped just monitoring class size as the biggest criteria for success of the student," Johnson said.

On Oct. 24, Metro published data from a principal at Centennial High School, who said he had six core classes with more than 40 kids in them this semester, eight more with 39 kids and was projecting two dozen with similar numbers come January.

But while Alberta Education field officers are following up with Centennial in light of the report, Johnson said he would only aid boards with making decisions but would never direct them on how to use the funds provided.

JEREMY NOLAIS/METRO

Vote. Controversial trustee named chair of education board

She's been called a rogue trustee, a fear-monger, a trouble-maker and much more.

Now, Calgary Board of Education elected representative Sheila Taylor can add a new title — board chair.

Trustees voted in a secret ballot Tuesday to put Taylor at the top of the board's pecking order. Fellow second-term representative Joy Bowen-Eyre will serve as vice-chair. Both have repeatedly called in recent weeks for changes in such areas as how the board spends and reports its finances



Sheila Taylor METRO FILE

to how it communicates with parents and students.

But for Taylor, specific-

ally, calls for change began almost immediately after she was elected in 2010. She butted heads continually for three years with former chair Pat Cochrane and other long-serving members, often only finding support when it came time to vote from now-departed trustee Carol Bazinet.

But on Tuesday evening, after the newly elected board's first meeting, Taylor conveyed a message of co-operation. She noted a top priority will be bringing three new members — Judy Hehr, Trina Hurd-

man and Amber Stewart — up to speed and then getting down to work on finding a new chief superintendent to replace departing executive Naomi Johnson.

"I'm committed to ensuring this is a board that works well together and that our actions directly benefit students in classrooms every day," Taylor said.

The board also created a committee Tuesday to explore ways to better communicate with the public.

JEREMY NOLAIS/METRO

Victim had 'unlimited supply of kindness'

Memorial. Reverend says family, friends left with many questions in wake of murder



JEREMY NOLAIS

jeremy.nolais@metronews.ca

Quoted

"She knew when to put her foot down, but compassion was her default setting." Rev. Vicki McPhee, describing murder victim Lois Murray

Murder victim Lois Murray wholeheartedly embraced others in their darkest hours and would have aided her family through the grief they're currently experiencing with kindness and grace, people attending a service in her honour heard Tuesday.

The 58-year-old mother was shot and killed in her north-west Calgary home on Thanksgiving Day. Her son, Andrew Murray, who had recently moved in with his parents, has been charged with first-degree murder.

The 29-year-old accused

has been ordered to undergo a 30-day psychiatric assessment and was not in attendance for the memorial service. The family did request that those in attendance keep Andrew in their prayers.

Lois had served as a grief counsellor with McInnis & Holloway for the past eight years, but her compassion for helping others spread well beyond her career, daughter Lisa Shaw told the few hundred gathered at St. David's United Church.

"She had this unlimited supply of kindness and understanding and she willingly opened her heart to others," Shaw said, recalling fond



Lois Murray, seen in this photo provided during a memorial service Tuesday, was shot and killed in her Calgary home earlier this month. CONTRIBUTED

memories of her mother chauffeuring her to the airport to catch a vacation flight and then voluntarily packing up her entire house in preparation for a move while she was away.

Lois also had a knack for making homemade greeting cards and those attending Tuesday's service were provided with blank stationery to share a fond memory or story of their own with the family.

1 NEWS

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Evidence of bawdy-house happenings found online

Prostitution. Customers rated experience, admitted to paying for sexual favours

Months before police shut down an alleged bawdy house operating just metres from a southwest Calgary daycare, apparent customers flocked online to rate their experiences and discuss the happenings inside the venue.

The owners of Paradise Spa, located at 3155 34 Ave. S.E. also repeatedly posted online advertisements in hopes of drawing new customers for their "professional masseuses" from China, Korea, Japan and Taiwan.

"They are professional know what you need!" proclaimed one ad. "Too cold outside? Working all day or night? Feeling stress? Come in and try our new candlelight jacuzzi session with hot oil massage in our newly renovated rooms!"

Walk in welcome!"

But both police and people claiming online to be customers suggested in reviews on rubmaps.ca that much more than standard deep-tissue therapy was taking place inside the facility, which had been a problem in the community for more than a decade.

Customers describe paying \$80 at the door for the privilege of spending an hour in a room alone with one of at least four models working in the venue. Then, each goes on to describe what the girls were willing to do and how much they tipped. Some of the masseuses would strip naked, others would allow their customers to fondle their breasts or perform oral sex on them, according to the online reviews.

On Monday, the Alberta Law Enforcement Response Teams (ALERT) announced it had obtained an order believed to be the first of its kind in Canada to shut the venue down for 30 days and then maintain control of any repurposing for



This photo and others posted online claim to show the inside of Paradise Spa, which police allege was operating as a hub for prostitution. COURTESY BACKPAGE.COM

a year.

As evidence of the trouble it caused in the community, an investigator said investigators found used condoms, wipes and other products in the alley behind Paradise Spa, which is frequented by children walking to a school less than a block away.

And Calgary police believe the venue was just one of 150

operating in the city at any given time.

"It's simply not a problem we're going to be able to police ourselves out of," said Staff Sgt. Robert Rutledge. "There are so many of them out there — we have to pick and choose which ones we go after."

Rutledge said support from groups like ALERT and the city's licensing department

Photos

For more images believed to be taken inside Paradise Spa, head to metronews.ca

as well as continued vigilance from community members can go a long way.

But Julie Kaye with the Action Coalition on Human Trafficking said there's more to combating the problem of bawdy houses than simply shutting them down. She said she fears for what will happen to the women working inside Paradise Spa and similar venues after their only source of income evaporates.

"Some of them may be out of status and may be deported, some will be criminalized," Kaye said. "I think there needs to be a lot more consideration on what happens to them, whether it was that they wanted to be there or they were forced to be there."

JEREMY NOLAIS/METRO

Minor hockey

Mouth guards optional

Minor-hockey league players will not be penalized for skating without a mouth guard this season after referees decided to stop applying a rule that wasn't actually in the rulebook.

Hockey Alberta referee-in-chief Curtis Nichols told Metro that on-ice officials faced a "dilemma" in enforcing the unofficial rules pushed forward by individual associations.

What likely started out as well-intentioned effort, said Nichols, eventually spiralled "out of control" into a confusing regulatory patchwork.

Hockey Canada, the sport's highest governing body, has deemed dental protection the primary purpose for the chewy mouth protectors.

Kids are already required to wear full-face shields in the minor-hockey league ranks, and are not at risk of taking a puck to the teeth, said Todd Jackson, Hockey Canada's senior safety manager. "It's always been our position," he said.

There is much debate over whether mouth guards prevent concussions, with research supporting both sides of the argument.

Calgary's two dozen minor-hockey associations were recently told the onus now lies on parents, coaches and managers to self-police their teams.

Executive director Kevin Kobelka stressed Hockey Calgary is "not comfortable" with players going without mouth guards. "We think that mouth guards are essential," he said.

BRYAN WEISMILLER/METRO

Brain-injured Albertans living better



Laura Robinson, left, and Paula Jarvis work on a training mannequin at Foothills Hospital. ROBSON FLETCHER/METRO

People who suffer major brain injuries are surviving more often and going on to lead more normal lives than a decade ago, according to new research that tracked more than 4,000 patients in southern Alberta.

"I was, of course, delighted by the fact that patients are less likely to die and are more likely to be discharged home," said Dr. An-

dreas Kramer, co-author of the study, which analyzed nearly 12 years of data.

The analysis revealed that roughly seven out of 10 patients with critical brain injuries now survive, up from 10 per cent from when the data was first collected.

During that same 12-year period, the proportion of patients with brain injuries who were discharged home,

without the need for home care or other support services, grew from 33 per cent to 40 per cent.

Kramer said there are numerous factors at play in the improved patient outcomes — everything from safer vehicles resulting in less severe head injuries to more widespread air ambulance service, resulting in faster first responses.

Another factor, he said, is a relatively new, standardized protocol for health-care workers dealing with severe, traumatic brain injuries.

"It almost serves like a checklist to ensure that not only is care relatively uniform ... but also that all the I's are dotted and T's are crossed," Kramer said.

ROBSON FLETCHER/METRO

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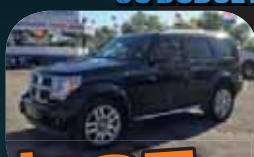
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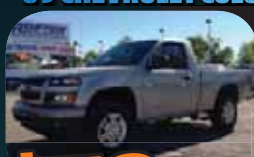
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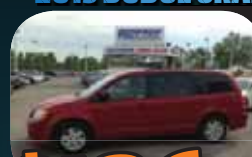
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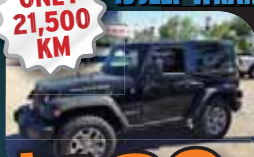
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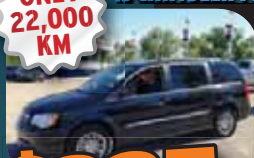
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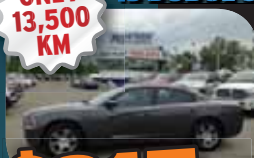
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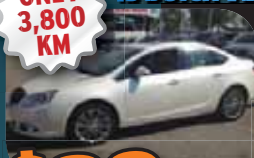
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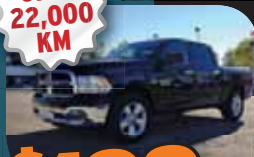
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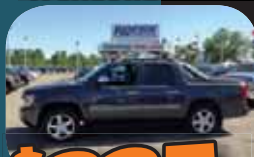
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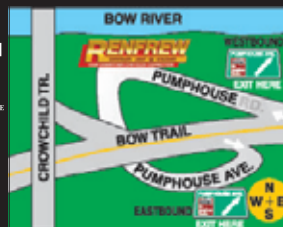
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Keystone XL pipeline. Redford heads to Washington in November

Premier Alison Redford will make her fifth trip to Washington next month to speak about the need for the Keystone XL pipeline.

She will meet with officials in the U.S. State Department as they finalize an environmental assessment of the proposed transcontinental pipeline.

Redford says she will also meet again with Heidi Heitkamp, the Democratic senator from North Dakota who is a strong pipeline advocate.

The premier leaves on Nov. 11 for the two-day trip, during a

In or out?

U.S. President Barack Obama is expected to issue a final decision later this year or in 2014 on whether to allow the \$7-billion pipeline to proceed.

week when the Alberta legislature doesn't sit. The pipeline, if approved, would carry 800,000 barrels of oil a day from Alberta across six U.S. states to the Texas Gulf Coast.

THE CANADIAN PRESS

Mike Shaikh

Chairman of cop watchdog moving on

The man heading Calgary police's civilian watchdog announced Tuesday he's leaving the post at the end of this month.

Chairman of the Calgary police commission Mike

Shaikh is stepping down after four years. Shaikh said that both the city's police service and the commission are well positioned to serve the citizens of Calgary for years to come. He lauded the policing efforts made during June's historic flood. The release did not mention his role as a federal senator-in-waiting or what he will do next. METRO

New Calgary family wins new Rotary Dream Home



John and Natalie Gaminde and their daughters Eoin, 3, and Euan, 1 in their new Rotary Dream Home. Inset: The exterior of the home. ROBSON FLETCHER/METRO

Custom-built.

2,330-square-foot house in Chaparral designed by Homes by Avi valued at more than \$750,000

Welcome to Calgary, here's your brand new home.

That's been the experience of the Gaminde family so far in 2013.

John and Natalie and their daughters Eoin, 3, and Euan, 1, moved to the city from Toronto earlier this year, attended the Calgary Stampede this summer, bought \$50 worth of tickets in the Rotary Dream Home

Quoted

"The whole night we didn't sleep. We were so excited, so happy."

Natalie Gaminde on the day they learned they had won the Rotary Dream Home

Lottery, and promptly forgot about the purchase.

Until they got a phone call telling them they had won.

"At first we couldn't believe it," Natalie said, recalling the day the phone rang and she handed the receiver to her husband, thinking it was a work-related call.

"When he said, 'Thank-you, thank-you, thank-you,' I thought, 'Oh, they're giving him a good raise,'" she said. "And then when he said we won the house, we started jumping."

"I was blown away," John said. "My wife, she was crying. We didn't expect this."

The Dream Home draw is run each year by Calgary Stampede Lotteries in partnership with the Rotary Club of Calgary South, the Kinsmen Club and the Calgary Marching Show Band Association.

Proceeds are re-invested in the community through the service clubs.

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Politics. Tory government 'electioneering' on taxpayer dime: Opposition

Alberta Speaker Gene Zwozdesky says he will study and make a ruling as early as Wednesday on whether Premier Alison Redford's government broke parliamentary rules by prematurely spilling the details of its new transportation bill.

Opposition leaders say regardless of the outcome, the bill's handling reflects a trend under Redford to co-opt the machinery of government for partisan political ends, with legislation rolled out like election ads complete with splashy press conferences, smiling faces and big signs — all billed

to the taxpayer.

"All it is is electioneering with taxpayer money," said Opposition Wildrose party Leader Danielle Smith.

"For (Redford) to go out and start advertising bills that she hasn't even introduced in the legislature shows incredible arrogance, and shows incredible disrespect to those of us on the opposition bench who have a job to do."

NDP Leader Brian Mason said it is out of respect for the public that legislation — and details of the legislation — must first be raised in the legislature. **THE CANADIAN PRESS**

Quoted

"All it is is electioneering with taxpayer money."

Opposition Wildrose party Leader Danielle Smith

In the year 2020

Alta. aims for \$10B tourism industry

The Alberta government announced a plan Tuesday to grow tourism in the province to a \$10.3-billion industry by 2020. The industry currently generates roughly \$7.8 billion a year, but the province aims to boost that with its new Alberta Tourism Framework, a partnership with the private sector and promotional agencies. **METRO**

Ethics probe

Where's Sandhu?

Alberta legislature member Peter Sandhu who was cleared of conflict of interest after he tried to get rule changes to help his home-building company hasn't pursued any further lobbying efforts, cabinet minister Manmeet Bhullar said Tuesday. Sandhu was not in the house Tuesday and was absent for the first day of the fall sitting on Monday. **THE CANADIAN PRESS**



Workers use heavy machinery to stabilize the riverbank near 8 Avenue and 22 Street S.E. on Tuesday. **ROBSON FLETCHER/METRO**

Riverbank repairs \$12M this year, likely more next year

Critical repairs. Half a dozen sites need work urgently, or city risks more damage due to erosion



ROBSON FLETCHER
robson.fletcher@metronews.ca

Calgary will spend \$12 million this year and likely more in 2014 to stabilize six sec-

tions of riverbank that were critically eroded during late June's flooding, according to the city's water services department.

"These sites are vulnerable to further erosion during high river flows, which could result in damage to city infrastructure," senior planning engineer Frank Frigo said Tuesday.

Work has already begun on two sites, one near 8 Avenue and 22 Street S.E. in Inglewood and the other near Home Road and 52 Street N.W.

By the numbers

35 km

The city has assessed more than 35 kilometres of damaged riverbank along the Bow and Elbow rivers.

Frigo said work is set to begin within the next two weeks at a third site near Memorial Drive at 3 Street N.W.

The city is still studying sites near Diamond Cove S.E.,

Memorial Drive at 19 Street N.W. and the ENMAX power station in Douglasdale.

Frigo said the goal is to stabilize all six sites before the 2014 flood season.

Another 20 eroded sites "have the potential of vulnerability in the next flood season" but have not been deemed critical so far and continue to be monitored by city officials, Frigo added.

Those sites include areas near Lindsay Park and the pathway next to the Stampede grounds, he said.

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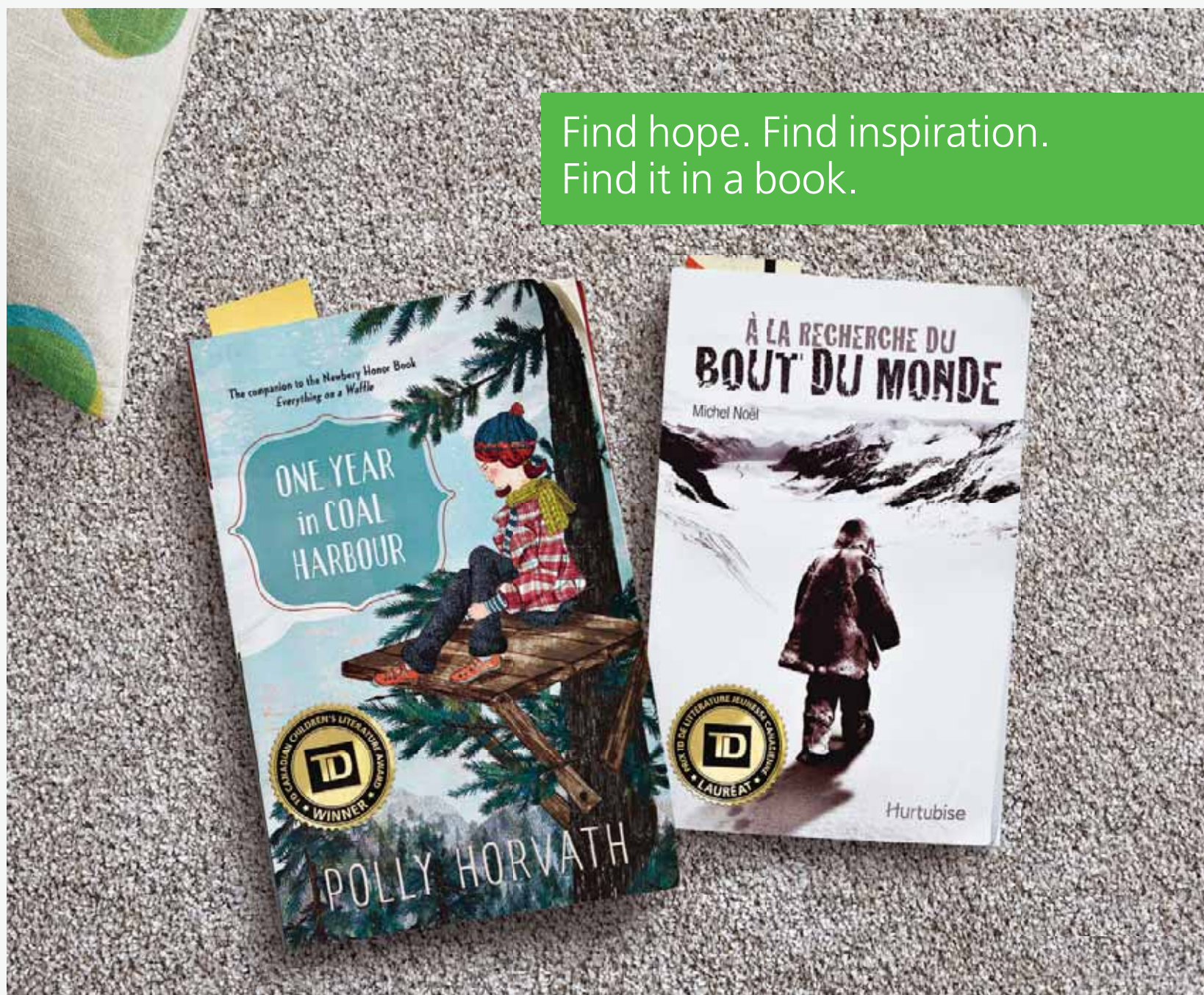
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It's not unusual: PM says paying Duffy's legal fees was no big deal

You'll find it happens all the time. Yet Wallin, Brazeau say nobody offered to help them with their expenses

Stephen Harper sees nothing wrong with the Conservative party using taxpayer-subsidized funds to pay disgraced Sen. Mike Duffy's legal expenses, insisting Tuesday there's nothing unusual about it.

"The party regularly reimburses members of its caucus for valid legal expenses, as do other parties," Harper told the House of Commons.

However, it seems the Conservative party didn't extend its largesse to all other senators accused of improperly claiming travel expenses or housing allowances.

Sen. Patrick Brazeau's of-

fice said no offer was made to pay his legal expenses. Terrence O'Sullivan, Sen. Pamela Wallin's lawyer, said the same.

"Sen. Wallin has received no assistance with her legal fees — whether before or after she recused herself from the caucus — from the Conservative party or anyone associated with the Conservative party," O'Sullivan said in an email.

All three are under investigation by the RCMP and are facing a government bid to suspend them from the Senate.

The suspension motions were tied in procedural knots Tuesday, making it unlikely they will be voted on before the Conservatives gather Thursday evening for a two-day national convention in Calgary.

Duffy disclosed Monday there were two cheques

regarding his allegedly improper expenses: one for \$13,560 from Conservative party lawyer Arthur Hamilton to cover his legal expenses, plus the \$90,000 from Harper's former chief of staff, Nigel Wright, to enable him to reimburse the Senate.

Harper continued to argue Tuesday that Duffy, Wallin and Brazeau collected expense claims to which they were not entitled and should, thus, be bounced from the public payroll. He was particularly adamant about Duffy, in the process further distancing himself from Wright, whose resignation he accepted "with regret" last May after learning that he'd secretly given Duffy the money to repay his expenses.

"Once again, on our side, there is one person responsible for this deception and that person is Mr. Wright, by his own admission," he said.

"For that reason, Mr. Wright no longer works for us. Mr. Duffy should not either."

While he repeatedly condemned the three senators for abusing the public purse, Harper shrugged off suggestions that party lawyer Hamilton did anything wrong in using taxpayer-subsidized funds to pay Duffy's legal fees.

"This individual is not accused of anything," he said, after being asked by Mulcair if he intends to fire Hamilton.

"New Democrats tell us that we should fire or expel people on the flimsiest of allegations without, in some cases, any proof of anything against anybody. Then when we determine that actions should be taken (against the three senators), the leader of the Opposition stands up and pretends these people are somehow victims of arbitrary actions." **THE CANADIAN PRESS**



Prime Minister Stephen Harper answers a question in the House of Commons in Ottawa on Tuesday. ADRIAN WYLD/THE CANADIAN PRESS



Coffee, tea, BTC?

What is being billed as the world's first Bitcoin ATM is seen at a coffee shop in downtown Vancouver. The machine, which was to be unveiled on Tuesday, will allow consumers to exchange cash for the digital currency known as Bitcoins, commonly abbreviated to BTC. JONATHAN HAYWARD/THE CANADIAN PRESS

Staterooms. Canada using its foreign embassies for surveillance ops: Report

The national eavesdropping agency is refusing to comment on allegations that it mounts foreign operations through Canada's embassies abroad.

Lauri Sullivan, a spokeswoman for Communications Security Establishment Canada, says the agency does not comment "on our foreign intelligence collection activities or capabilities."

German magazine Der Spiegel says Canada is using diplomatic facilities to support surveillance operations in league with key allies the United States, Britain and Australia.

Word of the Canadian reference came as the NDP

unsuccessfully sought support in the House of Commons to create a parliamentary committee that would look into stronger oversight for the intelligence community.

The magazine report published this week cites presentation slides leaked by Edward Snowden, a former contractor with the National Security Agency, CSEC's American counterpart.

One slide indicates the Canadian spy agency hosts "Stateroom" sites — a term for covert signals-intelligence gathering bases hidden in consulates and embassies.

THE CANADIAN PRESS

Toronto

Elderly couple die in apparent double suicide

An elderly couple in Toronto plunged to their deaths from the balcony of their apartment Tuesday morning in what police believe was a double suicide.

Emergency crews

responded to a building at 7:54 a.m., where the man and woman were pronounced dead at the scene.

"I've lived here all my life and we've never had a suicide, or a murder, or anything like this," said Jessica Jarosz, 23.

The coroner has been called in to probe circumstances surrounding their deaths, EMS confirmed.

TORSTAR NEWS SERVICE



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Bolshoi ballet dancer pleads not guilty

Acid attack on ballet chief. Trial into the attack has exposed a fierce power struggle at the Russian theatre

A Bolshoi ballet dancer who is accused of ordering an acid attack on the ballet chief pleaded not guilty Tuesday as

his trial began in Moscow.

Dancer Pavel Dmitrichenko is suspected of ordering the Jan. 17 attack on ballet artistic director Sergei Filin, which left Filin with severe burns to his face and his eyes, impairing his vision.

Two other men on trial with the ballet dancer are Yuri Zarutsky, the suspected attacker, and Andrei Lipatov, the driver who allegedly took

Zarutsky to the crime scene.

In his court testimony Tuesday, Dmitrichenko contested prosecutors' allegations that he colluded with Zarutsky, an ex-convict, to attack the artistic director.

Zarutsky was planning to send his daughter to a ballet school and was asking for his advice, the ballet dancer said, explaining how Zarutsky found out who Filin was.

"I had no animosity toward Filin," Dmitrichenko said. "Zarutsky committed the crime on his own."

Dmitrichenko told the court that he did tell Zarutsky that he disapproved of Filin's management style. But he insisted that he always spoke highly of Filin, a former ballet star, as an excellent dancer.

THE ASSOCIATED PRESS



Bolshoi ballet dancer Pavel Dmitrichenko stands in a cage in a Russian courtroom last week. ALEXANDER ZEMLIANICHENKO/THE ASSOCIATED PRESS

Costa Concordia trial. Woman on bridge testifies she was captain's lover

A Moldovan dancer who had been on the bridge of the Costa Concordia cruise ship when it crashed into a reef off Italy electrified the captain's manslaughter trial Tuesday by testifying reluctantly that the two were lovers.

Domnica Cemortan, 26, only made the admission after being warned by the judge that she risked criminal charges if she didn't answer the question.

The ship's former captain, Francesco Schettino, is the sole defendant on trial in the Tuscan town of Grosseto.

Testifying through a translator, Cemortan said she had worked on the Concordia for three weeks in December 2011. She then re-boarded the ship in January 2012 as a



Domnica Cemortan leaves after testifying at the trial of Captain Francesco Schettino in Italy, Tuesday. GIACOMO APRILI/THE ASSOCIATED PRESS

non-paying passenger several hours before the crash.

THE ASSOCIATED PRESS

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'Illegal' landfill in Sochi violates zero-waste pledge

Winter Olympics. Environmentalists claim 'unauthorized' waste site could taint city's water supply

Trucks rumble to the edge of a gigantic pit filled with spray cans, tires and foam sheets and dump a stream of concrete slabs that send up a cloud of limestone dust. Other trucks pile clay on top and a bulldozer mixes everything together in a rudimentary effort to hide the mess. This landfill outside Sochi, which will host the Winter Olympics in 100 days, is smack in the middle of a water protection zone where dumping industrial waste is banned.

As a centrepiece of its Olympic bid, Russia trumpeted a "Zero Waste" program that promised the cleanest games ever, saying it would refrain from dumping construction waste and rely on reusable materials. But on a visit last week to Akhshtyr, just north of Sochi, The Associated Press found that Russia's state-owned rail monopoly is dumping tons of construction waste into what authorities call an illegal landfill, raising concerns of possible contamination in the water that directly supplies Sochi.

The finding shows how little Russia has done to fulfil its ambitious green pledges. Its \$51 billion budget for the Olympics contains no provisions for treating construction waste.



Village leader Alexander Koropov points at rubble and garbage near a quarry close to Akhshtyr village in Sochi, Russia. The landfill outside Sochi, which will soon host the Olympics, is in the middle of a water-protection zone where dumping industrial waste is forbidden. DMITRY LOVETSKY/THE ASSOCIATED PRESS

In a letter obtained by the AP, the Environmental Protection Agency in the area where Sochi is located told the Black Sea resort's environment council in late August that it had inspected the Akhshtyr landfill and found "unauthorized dumping of construction waste as well as soil from excavation works." The agency said it fined Russian Railways, whose Sochi project costs billions of dollars, \$3,000 for the dumping. It didn't order the dump closed.

The EPA's Sochi representative visited the site earlier this month and insisted it was being cleaned up, villagers and activists who were present at that meeting said. The agency was

unavailable for comment this week.

The main health concern surrounding the landfill is to the water supply.

Authorities confirm that Russian Railways operates the Akhshtyr dump without a licence — but it wouldn't be able to obtain one even if it tried. That's because the village lies in an area where dumping construction waste and soil is forbidden under the Russian Water Code. Moisture from the landfill seeps through porous karst rocks into underground springs that feed the nearby Mzymta River, which provides up to half the water supply in Sochi. THE ASSOCIATED PRESS

U.S. intelligence chief backs spying on allies

The top U.S. intelligence director on Tuesday defended spying on foreign allies as necessary, and said such scrutiny of America's friends — and vice versa — is commonplace. Another official said the collection of phone records that prompted outrage across the Atlantic actually was conducted with the help of European governments.

Top intelligence officials testified that news reports that the National Security Agency had swept up millions of phone records in France, Spain and elsewhere were inaccurate and reflected a misunderstanding of "metadata" that was in fact collected by NATO allies and shared with the United States.

The nation's post-Sept. 11, 2001, surveillance programs are coming under increased criticism at home and abroad, capped by recent revelations that the NSA monitored German Chancellor Angela Merkel's cellphone and those of up to 34 other world leaders. Those reports relied on documents provided by former NSA



President Barack Obama declined in an interview to say when he learned about the spying operations. THE ASSOCIATED PRESS FILE

analyst Edward Snowden.

Congressional leaders who have been staunch supporters of the NSA programs are now saying it is time for a close examination. The White House said Tuesday that President Barack Obama had ordered a full review of the programs and was considering changes.

THE ASSOCIATED PRESS

Spy games

National Intelligence Director James Clapper played down European allies' complaints about spying on their leaders, saying the allies do it, too.

- He said during his 50 years working in intelligence it was "a basic tenet" to collect, whether by spying on communications or through other sources, confidential information about foreign leaders that reveals "if what they're saying gels with what's actually going on."
- Committee chairman Mike Rogers asked whether allies had conducted the same type of espionage against U.S. leaders. "Absolutely," Clapper responded.



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Lesson learned

Team USA's clothing made in the U.S. this time

Team USA will now wear the Made in the USA label. Every article of clothing made by Ralph Lauren for the U.S. Winter Olympic athletes in Sochi, including their opening and closing ceremony uniforms and their Olympic Village gear, has been made by domestic craftsman and manufacturers.

THE ASSOCIATED PRESS



Ouch! Banksy disses our architecture in rejected World Trade Center op-ed

Street graffiti artist Banksy caused an uproar in the blogosphere on Monday when he wrote that the new World Trade Center is so bland, "it looks like something they would build in Canada."

He also shocked residents in New York by stating that the building is such a disaster that everyone who lost their lives on Sept. 11, 2001, could view this as a betrayal and an indication that "the terrorists won."

A posting on Banksy's website says the comments were contained in an op-ed piece he submitted to the New York Times and that the newspaper refused to print it.

Eileen Murphy, spokesperson for the New York Times, told the Metro newspaper in New York that "He did submit an op-ed and art. We couldn't agree on either the piece or the art, so we rejected it."

Murphy added, "What he has posted on his site is not exactly the same as what he



Banksy wrote the new World Trade Center is "like something they would build in Canada." THE ASSOCIATED PRESS

submitted."

However, United Kingdom-based Banksy posted the piece on his website, imagining how it would look with a mock-up of the New York Times's distinctive type and logo. **TORSTAR NEWS SERVICE**

Department store wars. Sears shuts flagship shop, Nordstrom may move in

A new round of store closures by Sears Canada, which includes its flagship location in Toronto's Eaton Centre, has raised questions about the company's turnaround strategy and which American retailer will claim that coveted spot.

Sears said Tuesday it was selling the leases on five department stores, in a \$400 million deal, which comes as the company pushes ahead with a broader effort to revamp its operations that will also see about 1,200 employees lose their jobs.

The transactions amount to the biggest sale of leases since the company began to shed assets and cut jobs in an effort to revitalize its struggling operations amid intense competition.

Under the agreements, store leases for Sears locations at Sherway Gardens in Toronto, the Markville Shopping Centre in Markham, Ont., London-Masonville Place in London, Ont. and Richmond

Let the guessing begin

The decision by Sears to exit the Eaton Centre is especially notable because it's one of the company's most visible Canadian stores, located in a central tourist area.

- Some of Sears' previously-divested locations have already been picked up by U.S. high-end retailer Nordstrom, which used them to launch its first stores in Canada. That has prompted speculation that Nordstrom may also be eyeing the Eaton Centre or Sherway stores, which are seen as prime real estate for retailers.

Centre in Richmond, B.C. will also be sold back to mall operator Cadillac Fairview and its partners. **THE CANADIAN PRESS**

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DON'T BELIEVE EVERYTHING YOU THINK

Gather round, children and I will tell you a very scary story.

Come closer to the fire — it is cold and dark all around us and these ... revelations ... will make your skin crawl.

A new poll from Insights West shows that British Columbians are haunted by ghosts and spirits.

Sixty per cent believe in the afterlife and 48 per cent believe in ghosts. And if that's not spooky enough, 54 per cent believe in angels while 37 per cent believe in the devil.

Nearly 20 per cent claim to have been haunted. And we're not talking about what they did at last night's Halloween party.

If you think British Columbians are just whacked out on B.C. bud, that could be. But this poll is not so different from other surveys, including a recent one by the Huffington Post in which 64 per cent believed in the afterlife and 45 per cent in ghosts. A just-published U.K. survey



JUST SAVIN'
Paul Sullivan
metronews.ca

found that an even higher number of Brits, 52 per cent of those polled, believe in ghosts. That could be explained by the fact that the poll was taken by the "Association for the Scientific Study of Anomalous Phenomena (ASSAP)." ASSAP president Lionel Fanthorpe believes that King Arthur was an alien who came to Earth to save us from other alien invaders.

Monty Python lives.

Despite the overwhelming evidence, I'm having trouble convincing myself that every second person reading this column really believes in ghosts. Not to mention the 60-plus per cent who believe in angels, or the one in four who dance with the devil.

Of course, there is not a single shred of scientific evidence supporting these beliefs. The Higgs boson, that elusive elementary particle, may have been an article of faith among physicists for more than a century. But now that

there's data confirming its existence, we can believe in it. The jury is still (and always will be) out on the ghost of Uncle Harry.

Apparently, we haven't advanced much beyond the Dark Ages when everyone was addled by spirits and ghosts, angels and devils. In fact, you could make a convincing argument that at least half of us are still comfortably ensconced in the sixth century. Well, maybe not so comfortable. The castle is drafty and this wool jerkin itches like the, um, devil.

All this mumbo jumbo persists despite modern detecting equipment that can listen to the background hum of the big bang, find a galaxy more than 13 billion light years away, and track the path of an electron. There's nothing there, people. No ghosts, no angels, no alien Arthurians.

Of course, nothing I say will make any difference. People are more likely to believe in Beelzebub than in common sense. Common sense is no fun.

But I'll tell you one little secret, children. Trolls are real. Just check out the comment trail on this column in a couple of days if you don't believe me. Bwa-ha-ha.

ZOOM

Superstorm Sandy, 1 year later



MARK LENNIHAN/THE ASSOCIATED PRESS

N.Y. marks triumph over damage done

Tom Hammill places an American flag at a building site in the Breezy Point neighbourhood in the Queens borough of New York on Tuesday, a year after Superstorm Sandy struck. A firestorm spread across the beachfront neighbourhood

during the storm, burning more than 100 homes, including Hammill's. Behind him are homes that are being rebuilt.

To mark Tuesday's anniversary, residents of coastal neighbourhoods in New York and New Jersey that suffered some of the worst flooding are honouring that terrible day in ways both

public and private.

On Staten Island, residents will light candles by the stretch of waterfront closest to their homes at 7:45 p.m. in a "Light the Shore" vigil. Along the Jersey Shore, people plan to shine flashlights in a symbolic triumph over the darkness that Sandy brought.

THE ASSOCIATED PRESS

One of the worst storms

- The storm was blamed for at least 181 deaths in the U.S. — including 68 in New York and 71 in New Jersey.
- In New York City the storm surge hit nearly 14 feet, swamping the city's subway.

Clickbait



HANNAH ZITNER
hannah.zitner@metronews.ca

Braingasm, despite the obnoxious nickname, is not the latest sex toy or coital craze, but a real* phenomenon taking over YouTube channels, sub-Reddits and radio stations

across the web. Despite relatively few people actually having Autonomous Sensory Meridian Response, the sound-induced tingles that start in your head and slither down your spine, ASMR has made its mark online. For those who don't have it — and if you have to wonder, you don't — watching videos of pretty girls whisper as they caress hair brush bristles might make you feel like a creep. But, hey, at least now you'll know what everyone's talking about.

*Debatable. Science is still trying to figure it all out

GentleWhispering:

While not necessarily the Original Gangsta of ASMR, GentleWhispering is one of the most prolific. The blond, Eastern European whisperer has racked up more than 3.5 million views on one video alone.

Note, redditors are not to post ASMR-like videos, so keep the music videos, Songza playlists (yes, there is an ASMR Songza list, which does not impress the ASMR purists) and the like off the boards.

Reddit:

r/ASMR is a safe for work hub of ASMR videos and discussion.

Asmr.fm:

Community of ASMRers and ASMR'tists to share a wide range (hint, hint) of ASMR videos.

Twitter



@Canucklehead_ca: Duck-face selfies. *sigh*

@metropicks asked: A cellphone stopped a bullet that was fired at a store clerk. What do you wish your smartphone could save you from?

@Denniszride: our politicians

@Denniszride: MY BILLS

@MLHS_Mike: crippling self doubt? I think the new iOS update has something for that.

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In Focus

McAdams' career in a temporal loop



IN FOCUS
Richard Crouse
scene@metronews.ca

When British author H.G. Wells created the term "time machine" way back in 1895, he could never have imagined the lasting impact his ideas of fourth dimension travel would have on the career of Rachel McAdams.

His book, *The Time Machine*, has been filmed twice for the big screen, but the ideas of shifting ripples of time have also inspired three very different movies starring the London, Ont., born actress.

This weekend she co-stars with Domhnall Gleeson and Bill Nighy in *About Time* as the present day girlfriend of a 21-year-old who uses his ability to switch time zones to learn information to woo her.

"I know I have a little bit of time travel in my past but this is different," McAdams says. "The element of time

travel thrown in was unique and quirky and dealt with lightly."

Previously the Mean Girls star appeared as Clare Abshire in *The Time Traveler's Wife*, starring opposite Eric Bana playing a Chicago librarian with a genetic disorder known as Chrono-Displacement that causes him to involuntarily travel through time.

From the outset their relationship is a strange one. When they first meet she has known him since she was six years old, but because his syndrome flips him to random times in his

life on an ever shifting timeline he is always meeting her for the first time. Confused? Not as confused as Clare, who tries to build a life with Henry even though his ailment keeps them apart.

Based on a best-selling novel, it's a three-hankie story about love with no boundaries and how romance can transcend everything, even death.

In Woody Allen's *Midnight in Paris* it's Owen Wilson who jumps through time — finding himself transported back to 1920s Paris and hanging with F. Scott and Zelda Fitzgerald

(Tom Hiddleston and Alison Pill), seeing Cole Porter sing at a party, drinking with Hemmingway — while McAdams stays put, bringing him back to reality, as his irritating present-day fiancée Inez.

But what about actual time travel? When she was asked by AOL if there was anything she would go back in time and change in real life, McAdams said, "I was a figure skater, so I would take back a lot of fashion choices on the ice. A lot of sequins. I would pull back on the sequins a little bit and maybe less blue eye shadow."

Arcade Fire's Haiti-inspired fourth album their most ambitious to date

New music. The highly anticipated disc from the musical innovators doesn't disappoint as the quality is only matched by the ambition of the effort

It was spring 2011 when Arcade Fire — months from a stunning Grammy Award win for album of the year, which pretty much certified the Montreal band had climbed to the highest of rock's craggy peaks — went down to Haiti and got upstaged.

They were in Cange, a lush remote village positioned on the edge of Lake Peligre. They were there primarily to visit sites where *Partners in Health* was working to help in the aftermath of 2010's



William Butler and Arcade Fire's new album *Reflektor* was recently released. ERIC KANYE/THE ASSOCIATED PRESS

catastrophic earthquake. But they also played a couple shows — mostly tossing off cover songs — as an opener for the rasin (Haitian roots music) band Ram.

And those spirited gigs had a profound effect.

"We played and it was really fun," multi-instrumentalist Will Butler recalls in a recent telephone interview.

"And then Ram came out and played and everyone came out and danced and it was this massive party. And it was out of control and amazing — not like, out of control like someone on coke was stabbing someone in the eye with a pen or anything. But out of control like six-year-olds and 95-year-olds were dancing and old ladies on crutches

and stuff.

"It was just a real town-wide celebration. And we were like, 'Oh, it would be nice to be able to go to rural Haiti and play a show that people would really dance to.'

"That definitely set a challenge for us, which we took up on some of the songs," he added. "I want to be able to play this for a roomful of

strangers in a different country, who have never heard Arcade Fire, and just have them dance to it."

And so the seeds were planted for *Reflektor*, the indie innovators' rather transformative, sprawling fourth disc that hit stores yesterday.

In particular, the trip triggered an interest in exploring traditional Haitian rhythms. They listened closely to a range of their rhythms, tasking the drummers with weaving their styles with the propulsive percussion work of New Order's *Age of Consent*, for instance, or analyzing the different way fills are dispensed.

The scope of what they tried to tackle on *Reflektor* is hardly surprising — outsized ambition might have always been Arcade Fire's distinguishing quality.

THE CANADIAN PRESS

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OUR TAKE ON THE WORLD OF CELEBRITIES



The Jonas Brothers. ALL PHOTOS GETTY IMAGES

The Jonas Brothers confirm break-up rumours

The Jonas Brothers have officially broken up — as a band, not a family — just three weeks after canceling their fall tour due to “a deep rift within the band,” the guys announced this week.

“It’s over for now,” says oldest brother Kevin.

Youngest brother Nick apparently voiced some concerns about the group’s future, prompting the discussion that led to the break-up.

“I was feeling kind of trapped,” he tells People magazine. “I needed to share

Getting out

“I was feeling kind of trapped. I needed to share my heart with my brothers.”

Nick Jonas

Talking about the band’s break-up

my heart with my brothers.”

But middle brother Joe says Nick wasn’t alone in those feelings.

“It was a unanimous decision.”

Brown catches a courtroom break



Chris Brown.

Chris Brown got at least a little good news during his most recent courtroom visit, as a Washington, D.C., judge reduced the felony assault charge against the singer for allegedly punching a man outside a hotel this weekend to a misdemeanor, according to TMZ. Brown was released from custody and is scheduled to return for a hearing on Nov. 25.

The Word

Not a movie: Mr. and Mrs. Smith at war once again

Rumours of marital trouble for Will Smith and Jada Pinkett Smith are cropping up again, with sources telling Radar Online that the stars are living separate lives — and haven’t appeared in public together since August.

Smith has been in New Orleans for work since mid-September and is expected to be there through next month, while Pinkett Smith has reportedly moved out of the family’s home and is living with her brother, Caleb, in Calabasas, California.

Pinkett Smith seemed to



Quote

“I thought success would make me happy. It does not.”

Jada Pinkett Smith.

Talking about her marriage and her life

be venting a bit at a recent charity event in Baltimore, telling the audience, “When you are going through a storm with your spouse ... stop thinking about what you ‘believe’ a husband or wife should be,” according to an attendee.

“I thought success would make me happy. It does not.”

When asked about the rumored trouble, Will’s mother, Carolyn Smith, told the website, “Isn’t that personal? Thank you for your concern.”

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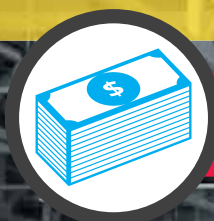
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Magens Bay is one of the top beaches in the Caribbean, with beautiful sand and a protected swimming area. Nice bar, too. ALL PHOTOS: JIM BYERS/METRO

Wanna soak up the sun?

Paradise. St. Thomas, U.S. Virgin Islands isn't too popular with Canucks — but with its offerings, it should be



JIM BYERS
@jimbyerstravel
jimbyerstravel.com

This part of the Caribbean doesn't get much attention from Canadians. But it's a fabulous destination with great holiday options.

Doing

You can reach gorgeous Magens Bay beach in less than 10 minutes from the cruise harbour. It's a long stretch nestled at the end of a deep,

protected cove. Great for swimming and decent for snorkelling. Charlotte Amalie is a wild shopping town for duty free goods, with peddlers out front of jewelry shops and rum bars jostling for sun-baked tourists. Some shops allow you to bargain. Pretty shops like Laksa sell hand-made jewellery in shops along the cool alleyways in town; much more fun than the joints on Main St.

Tour the hillside Blackbeard's Castle complex, which features gardens and a small fort-like building called the Sky Tower that dates to 1679. Haagenen House is not only a beauty to tour but is home to a few prints of impressionist master Camille Pissarro, who was born and raised here. Coral World features aquariums, a touch pond where kids can feel a starfish and a snuba service,

where you can swim underwater for long periods with a breathing tube attached to an air tank on the surface; like scuba without the tank on your back.

Sleeping

Blackbeards Castle is a comfortable, low-key spot with great views of Charlotte Amalie's harbour and its multitude of islands. Rooms go from as little as \$98 a night, including a continental breakfast, free Wi-Fi and free tours of the Blackbeards Castle complex. All rooms have refrigerators and there's a pool on-site. The nearby Hotel 1829 is fun and a little closer to town but is currently undergoing renovations. Want something a bit more upscale? There's a lovely Ritz Carlton on a 30-acre piece of property in the east end,

near the cruise terminal for trips to fabulous St. John. Rooms in November recently listed from \$459 a night.

Dining

Just off Main Street, also known as Dronnigens Gade from the days when this was Danish territory, you'll find the superb Gladys Café. Brilliantly coloured local artwork rests on exposed stone walls of a 300-year-old building. The fresh passion fruit juice is amazing and they also serve jerked fish and fine curries. Sample one of the homemade hot sauces and buy a bottle to bring home. The restaurant A Room With a View is in the pretty Bluebeard's Castle hotel complex (so many pirates, so many castles) high on a hill, offering great food and a romantic setting with awesome harbour views.

Online

- Visit. visitusvi.com for more information.

Drinking

Sure, you can step off your boat and head to Senior Frogs with everyone else, but you really should try something with a bit more colour. Iggies is a funky bar/restaurant right on the beach at Bolongo Bay with a casual vibe. Touristy, but not nearly as bad as the places near the cruise ships. Even prettier is the outdoor bar at Magens Bay Beach, where you can buy rum drinks for a song and watch the young folks on the beach. Or catch the iguanas sunning themselves on the terrace.

3 LEE

Notice of Hearing for Permanent Guardianship Order To Evan Hinckley

Take notice that on the 22nd day of November, 2013 at 9:30 a.m., at Calgary Family Court, Courtroom #1205, 601 – 5th Street SW, Calgary, Alberta, a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Permanent Guardianship Order** of your child born on **December 31, 2011**. If you wish to speak to this matter in court, you **MUST** appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Diane Charlebois; Jackie Ellice; Daniella Eggink
Calgary and Area Child and Family Services Authority
Phone: (403) 297-2978

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Use fresh, different colour large tortillas for this recipe.

If you can only find thin asparagus than use 12 not six.

Want to make these in advance? Roast the asparagus and

immediately chill to stop the cooking process. They can be prepared up to a day ahead if wrapped well in plastic wrap and chilled. They're great for a large group of people.

1. Preheat the oven to 425 F (220 C). Place the asparagus on a baking sheet sprayed with vegetable oil. Bake for 8 minutes or just until bright green.

2. In a food processor, or in a bowl using an electric mixer, beat the ricotta, cream cheese, mayonnaise, green onions, lemon juice, garlic, and salt and pepper until smooth.

3. Spread cheese mixture evenly over the tortillas. Scatter the spinach leaves overtop. Place the smoked salmon on top of the spinach. Place 2 spears of the asparagus near the bottom of each tortilla. Roll up tightly, wrap in plastic wrap, and chill.

4. Cut each tortilla on the diagonal into 6 pieces.

Ingredients

- 6 medium-thick spears of asparagus
- 1/2 cup light (5%) ricotta cheese
- 1/4 cup softened light (25% reduced) cream cheese
- 1 tbsp light mayonnaise
- 2 tbsp chopped green onions
- 2 tbsp fresh lemon juice
- 1/2 tsp minced garlic
- pinch of salt and pepper
- 3 large flour tortillas
- 1 cup baby spinach leaves
- 3 oz sliced smoked salmon

Smoked Salmon and Roasted Asparagus Tortilla Bites



This recipe makes 18 servings. ROSE REISMAN

Drink of the Week

Avocado Mezcal Cocktail

- 1 avocado from Mexico, halved, pitted and peeled
- 6 oz (175 ml) white mezcal
- 6 oz (175 ml) lime juice
- 4 oz (125 ml) light agave nectar
- 3 oz (90 ml) Midori
- 2 oz (60 ml) Cointrea
- 2 cups (500 ml) ice
- Garnish: Junior Merino's Cactus & Lemongrass Rimmer and avocado wedges

In a blender, combine all ingredients, except ice. Whirl until combined. Add 2 cups (500 ml) of ice and blend until smooth.

Serve in a glass rimmed with Junior Merino's Cactus & Lemongrass Rimmer.

Garnish with avocado wedge pressed in Junior Merino's Hibiscus Rose Rimmer.
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Ingredients

- 2 tbsp olive oil
- 2 russet potatoes, diced
- 1 large yellow onion, diced
- 4 cloves garlic, minced
- 1 tsp dried thyme
- 1/2 tsp smoked paprika
- 1/4 tsp each red pepper flakes and fennel seeds, lightly crushed
- 2 stalks celery, chopped
- 15-oz can diced tomatoes
- 8-oz bottle clam juice
- 2 cups water
- 1 lb raw, shelled shrimp
- 1 lb haddock, cut in chunks
- 1/4 cup chopped fresh parsley
- 1 tbsp chopped fresh dill
- 1 tsp lemon juice
- Salt and ground black pepper

Dinner. Spicy Shrimp and Haddock Stew

When fall weather has us hankering for a bowl of warmth, we tend to think of chili and beef stew. Try a new kind of stew and don't be put off by the "spicy" in the title. The heat is mild and is there to highlight the other flavours in the dish.

1. In saucepan over medium-high, heat the olive oil. Add potatoes, onion, garlic, thyme, paprika, red pepper flakes and fennel seeds. Cook, stirring often, until onion is softened, 5 minutes.

2. Add celery, tomatoes (and any juice in can), clam juice and water. Bring to simmer, reduce heat to low and cook 30 minutes, or until the potatoes are tender.

3. Add shrimp and haddock, and increase heat slightly to maintain a simmer. Cook 5 minutes, or just until shrimp are pink and haddock flakes easily. Stir in parsley, dill and lemon juice, season with salt and pepper.

THE ASSOCIATED PRESS

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Douglas Coupland

Douglas Coupland is a Canadian novelist, artist, designer and pop culture commentator.

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There's something for everyone, whether you're beginning your first career or starting a new one. With opportunities for work indoors and outdoors, physical and creative tasks, and even detailed or big-picture work, the oil and gas industry can accommodate every disposition and personality.

Besides variety, there's also opportunity. Petroleum products play a central part in the average person's daily life, which means strong and steady growth in the oil and gas industry is a sure thing.

A little research into the oil and gas industry confirms that the people are what make it all possible.

The big picture

Many roles in the oilsands workforce involve work in the field.

According to the latest report by the Petroleum Human Resources Council, one of the most in-demand positions in the oil and gas industry over the next decade will be the power engineer role, responsible for the safe and efficient operation and maintenance



While there's no one particular set of skills that ensure success in the oil and gas industry, some commonly valued attributes include a good work ethic, positive attitude, teamwork-oriented disposition, a desire to learn and grow, and a high level of adaptability. ISTOCK

of industrial equipment of in-situ and upgrading operations.

Positions for heavy equipment operators and heavy-duty equipment mechanics (who maintain and repair engines and engine support systems) will also be quite popular.

If you're interested in work that is tangible, applied and hands-on, these positions are a great av-

enue to consider, as you'll be well-positioned to fulfill a key support role in keeping the oil and gas industry up to speed.

However, it's a common misconception that a career in the oil and gas industry means only one kind of work.

More than one kind of job

The Petroleum Human Resources Council report indicates that the oil and gas industry is on track for steady and significant growth in the next decade and will need more than 30,000 new employees.

This future growth potential creates a field of opportunity for professional roles that you might have overlooked!

While many of these roles are for skilled trades and technical roles one might typically

associate with the oil and gas industry, it's important to recognize that work in this field includes opportunities for a diverse range of skillsets.

For example, the report found that there will be significant growth in opportunity for employees in human resources, a field which makes up roughly 15 per cent of the oil sands workforce.

There will also be opportunities for diverse number of careers, like environmental technicians and inspectors, public relations and communications, and supply chain roles in shipping, receiving, management, purchasing and inventory and more.

These fields not only offer different kinds of working environments and responsibil-

ities, they also accommodate different educational backgrounds, which means that finding the right oil and gas career has never been easier.

Though much oil and gas industry growth will take place in the western provinces, there are also opportunities for careers in oil and gas in Ontario, Newfoundland and Labrador, Nova Scotia, Manitoba and Quebec.

This is great news if you're apprehensive about relocation.

A real lifestyle

The oil and gas industry also accommodates a variety of lifestyles. While many positions involve working outdoors, that doesn't mean you'll be leaving all indoor comforts be-

Safety drill

It's important to recognize that safety is a key value in the oil and gas industry

- With so many people working in hands-on roles, it's imperative that employers in oil and gas go above and beyond the norm to achieve the highest safety standards.
- Canada's oil and gas industry has an excellent safety reputation worldwide – one backed by a proven track record of excellence ensuring a safe workplace.
- A 2011 study conducted by Work Safe Alberta found that the oil and gas industry has the fewest lost-time claim and injury rates when compared to other labour-intensive fields like construction and transportation.

hind. When oil and gas extraction sites are found in remote areas, most workers reside in camps set apart from work locations. A number of these offer gym amenities, coffee shops, satellite television and internet.

Some positions require workers to fly in and out of work sites by helicopter, meaning that your commute to work will always be exciting!

Other work sites are a brief commute from nearby towns and cities, where industry workers have access to shopping centres, entertainment and thriving nightlife.

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Taking a swing at your studies in one fell swoop? Break it up!



Was cramming for this exam the best way to go? ISTOCK

Are you giving the books your best?

Expert advice on how to make a successful go of your study time

BRUCE WALSH
Metro World News

Developmental psychologist Donald J. Foss has been studying the mental gymnastics of learning comprehension for more than three decades. His latest book — *Your Complete Guide to College Success: How to Study Smart, Achieve Your Goals, and Enjoy Campus Life* — is an attempt to put accepted psychological research on learning into plain language for every post-secondary student. We asked him for his insight on learning styles, study habits and slogging through obstacles.

What's the biggest misconception students have about studying?

If there's one thing we know about studying, it's that comprehension increases when you break it up over a long period of time. The best way to retain information is to study in small chunks, interwoven with other tasks. Yet, students are usually resistant to that idea. They don't like continually warming up to the topic. Most people would rather learn in one long sitting.

When it comes to studying, are there different learning styles?

Yes. But I think that's over-emphasized. You hear a lot of students say, 'The material isn't being presented in my learning style.' And that may be true, but that's not a very good predictor of how students do in any given class. It's pretty clear there are some best practices that

seem to work for just about every style of learning.

Pack mentality

What makes a good study group?

- If you can be honest with each other about how well you know the material, you're putting yourself on better footing than most students.
- I find most students think they truly know the material as long as they can recognize the information. But that's like just humming a tune when your job is to sing a song with lyrics and melody. If you can't explain the material to each other, it's better to find that out in the group than on exam day.



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NBA

Miami step on Rose's return

Shane Battier went 4-for-4 from 3-point range, including a critical one from the right corner with 1:33 remaining, and the Heat wasted most of what was a 25-point lead before holding off Derrick Rose and the Chicago Bulls 107-95 on Tuesday night in the season-opener for both teams.

LeBron James scored 17 points for Miami, which got its 2013 NBA championship rings in a pregame ceremony.

Rose finished with 12 points in 34 minutes in his first game since a serious knee injury in April 2012. **THE ASSOCIATED PRESS**

NHL

Maple Leafs thump on last-place Oilers

Phil Kessel had two goals and two assists on Tuesday as the Toronto Maple Leafs won their second game in a row, defeating the Edmonton Oilers 4-0.

James van Riemsdyk and Nazem Kadri also scored for the Maple Leafs (9-4-0) who have won three of their last four to take over sole possession of first place in the Atlantic Division, moving ahead of the Tampa Bay Lightning.

James Reimer stopped 43 shots for his 11th career shutout.

THE CANADIAN PRESS

Hot start cooled off with loss of captain

Home advantage.

Calgary hasn't lost a game during regulation at the Saddledome

It was going better than expected for the Calgary Flames, but the loss of their captain as well as one of their top forwards has thrown a dash of cold water on the team.

Captain and No. 1 defenceman Mark Giordano is out for six to eight weeks with a broken ankle. He took a shot off the right ankle in the second period of a road game against the Los Angeles Kings on Oct. 21. The Flames revealed the severity of his injury Tuesday.

"It's brutal," Giordano said. "You don't want to miss any time, but if you have to you're hoping it's something not as significant as that time frame."

Another shot broke a bone in the foot of winger Lee Stempniak last week in Dallas. His status is week to week. The lower right legs of both Flames were encased in plastic walking casts Tuesday.

"I feel like the team is playing well and to not be a part of it is tough," Stempniak said. "The swelling is going down so hopefully it's not too long."

Just above .500 and without a loss in regulation at home so



The Flames could be without their captain for the next two months. The team says defenceman Mark Giordano will be sidelined for six to eight weeks with a broken ankle. **JEFF MCINTOSH/THE CANADIAN PRESS**

far this season, the rebuilding Flames (5-4-2) were giving their fans reasons for optimism.

An unexpected bonus has been the performance of 19-year-old forward Sean Monahan, who is among the league's rookie scoring leaders with six goals and four assists in 11 games.

But for a team without stars and a squad that requires maximum effort to win, the Flames will have to drain their

tanks for victories, particularly if Stempniak is out long-term.

Giordano and Stempniak were tied for third in points on the team with nine each behind Monahan with 10 and Jiri Hudler with 13.

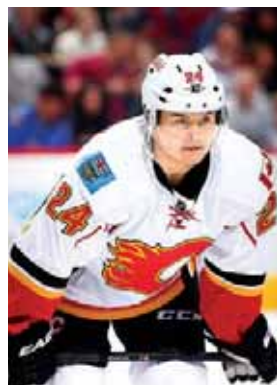
It's likely Giordano won't return to the lineup before his predecessor as Flames captain, Jarome Iginla, returns to Scotiabank Saddledome on Dec. 10 as a member of the Boston Bruins.

With defenceman Chris Breen day-to-day with an abdominal strain, the Flames had just six healthy defencemen Tuesday. Head coach Bob Hartley didn't seem to be in a hurry to summon reinforcements from Abbotsford, B.C.

Calgary hosts the Toronto Maple Leafs on Wednesday and the Detroit Red Wings on Friday before departing on a four-game road trip.

THE CANADIAN PRESS

Veteran signings starting to pay off



Flames centre Jiri Hudler
CHRISTIAN PETERSEN/GETTY IMAGES



THE HOCKEY NEWS
Brian Costello
calgary@metronews.ca

The signings of Jiri Hudler and Dennis Wideman in the summer of 2012 was met with skepticism in some circles, but this Calgary team would be dearly lacking in imagination without them.

Hudler signed for four years at \$4 million from Detroit, while Wideman, after being acquired from Washington, signed for five years at \$5.25 million. While some critics had issue with salary, most at the time thought term on the deals was the biggest drawback. When

management then finally acknowledged a rebuild last spring, Hudler and Wideman were viewed by some as looming malcontents looking to get off a sinking ship, or untenable contracts destined to wither on the vine in Cowtown.

Four weeks into a season that will be sure to have as many downs as ups, Hudler and Wideman have proven to be invaluable veterans on a young team that is playing with infectious effort. Yes, Mark Giordano is the captain and T.J. Brodie, Sven Baertschi and Sean Monahan are the young gems who will lead this team through the next decade. But for now, Hudler and Wideman are the

creative directors.

Hudler's start has been remarkable. He's full credit for having the longest point streak in the league to start the season. But more than that, he's been the straw that stirs the Calgary offence. He's the best stickhandler on the Flames, he's composed and patient on the attack, he's got a laser of a shot and he's a highly underrated playmaker.

Wideman's second in the NHL in time on ice, he's got one of the better slapshots in the league, he's one of the few players able to deliver a hip-check and he's not the complete train wreck some people said he'd be in his own end. In fact, everything analysts and fans say they love about

No. 7 Brodie, No. 6 has that and more — and he's only 30.

As this season unfolds and the Flames presumably slip from the middle of the pack in the Western Conference to the bottom third, there will be plenty of speculation where pending UFAs Mike Cammalleri, Matt Stajan and Lee Stempniak are headed and what Calgary might get in return. You're bound to hear Hudler and Wideman in some conversations as well.

I'd think long and hard about re-upping Stempniak, another important veteran. And I wouldn't consider moving Hudler or Wideman. They're too valuable in the short, mid- and long-term.

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The 2014 Kia Forte



ALL PHOTOS WHEELBASEMEDIA.COM

2014 Kia Forte

- **Type.** Four-door, front-wheel-drive mid-size sedan
- **Engines (hp).** 2.0-litre DOHC I4 (173); 1.6-litre DOHC I4, (201)
- **Transmissions.** Six-speed manual (std. 1.6); six-speed automatic (std. 2.0, opt. 1.6)
- **Base price (incl. destination)** \$21,500



Design

Kia's design team, headed by ace shape-maker Peter Schreyer, has added to the wagon's aggressive nature by reducing the rear body overhang several centimetres, while pushing the left and right wheels as far apart as possible. The overall effect is that of an attractive Euro-style sport wagon.

Luxury class extras

In addition to the more commonplace power-operated sunroof and touch-screen navigation system, you can order leather-covered seats with front and rear cooling and ventilation, a 10-way power driver's seat with memory presets, a heated steering wheel and high-intensity discharge headlights.

Review. Quality Korean export goes way beyond simply being practical

MALCOLM GUNN
wheelbasemedia.com

Small cars such as the Kia Forte are at their best when they are shaped in the most practical body style possible. Not everyone subscribes to this postulation, which is why Kia and other automakers make sedan as well as hatchback or wagon versions of their compact automobiles.

For maximizing a minimal amount of space, especially with the rear seats folded down, the Kia Forte5 can literally work wonders by providing more passenger and cargo room than its sedan relation. The front-wheel-drive compact wagon also does it with more style, beginning with the front end where an aggressive-looking open-mouth nosepiece replaces

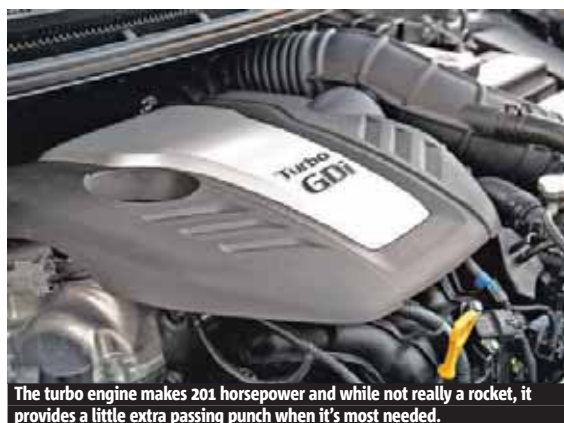
the Forte sedan's more traditional grille, which is different again from the 2014 Forte Koup.

As well, the wagon has been given a suspension setup that's tuned for sportier handling.

The Forte5's interior isn't quite as dramatic, but at least the dashboard and control panel appear intelligently laid-out, including large and easy-to-read gauges plus a generously sized display screen for the optional navigation system. For passengers, especially those in the rear seat, the wagon's five-centimetre stretch between the front and rear wheels provides some extra legroom.

Adding to the sport-wagon theme is a pair of stout little powerplants.

The starting-point EX runs with a 2.0-litre four-cylinder that produces 173 horsepower and 154 pound-feet of torque. The sportier side of the Forte5's demeanor is demonstrated with the up-level SX's turbocharged 1.6-litre four-cylinder that



The turbo engine makes 201 horsepower and while not really a rocket, it provides a little extra passing punch when it's most needed.

pumps out 201 horsepower and 195 pound-feet of torque. Both engines use direct injection, whereby fuel is sprayed directly into the cylinders under extremely high pressure and not through the intake manifold.

Most automakers are adopting direct injection as a way to increase power (important on small-displacement engines) while reducing fuel consumption and curb-

ing emissions.

Kia (and its Hyundai parent) has so far resisted the growing shift to continuously variable transmissions that appears to be spreading throughout the industry. A traditional six-speed automatic is your only choice with the 2.0, while the turbo 1.6 can be ordered with a six-speed manual gearbox as well as an available six-speed automatic.

Compare



1 Ford Focus hatchback
Base price: \$21,250



2 Mazda3 Sport GX
Base price: \$17,700



3 Subaru Impreza 2.0i
Base price: \$22,500

5 DRIVE

Horoscopes

Aries

March 21 - April 20

Having given your word about something, you can't break it because circumstances have changed and it suits you to change too. If you do, your reputation will head south fast, and so will your finances.

Taurus

April 21 - May 21

Listen to your instincts today and do what they tell you. If you ignore them and lose out in some way, you will only have yourself to blame. Your inner eye sees everything.

Gemini

May 22 - June 21

You're not the type to follow the same path as everyone. You like to blaze a trail and that is exactly what you should do today. Some will criticize you — mainly out of envy.

Cancer

June 22 - July 23

If you must work almost non-stop, at least make sure you are working for yourself and not for people who benefit from your efforts. Better still, find a way to cut back on what you are doing. Put your wellbeing first.

Leo

July 24 - Aug. 23

You cannot change the world but you can change your own attitude — and that will be a thousand times more productive. Your ultimate responsibility is to yourself.

Virgo

Aug. 24 - Sept. 23

You want to be on the move and very soon you will be. Today, though, spend time checking and rechecking your plans, just in case you have missed something.

Libra

Sept. 24 - Oct. 23

Do what your instincts tell you is right, even if it means you stir up powerful forces that see you as a threat. And don't listen to those who say the old ways are the best. What they mean is they benefit from them.

Scorpio

Oct. 24 - Nov. 22

You want to protect your privacy but you also want to get out in the world. Somehow you will have to reconcile these two driving principles. Learn to compartmentalize your life.

Sagittarius

Nov. 23 - Dec. 21

You know exactly what you want to be doing and exactly what you ought to be doing and for once the two coincide perfectly. Both at home and at work life will be easy today.

Capricorn

Dec. 22 - Jan. 20

You may be impatient to start something new but the planets suggest that for best results you should leave it a day or two. The approaching eclipse will focus your mind and your energy with laser-like intensity.

Aquarius

Jan. 21 - Feb. 19

What can you do to make the world a better place? Be a better person. That may sound a bit too simple but really it's the only viable course of action if you want to make a deep and lasting difference.

Pisces

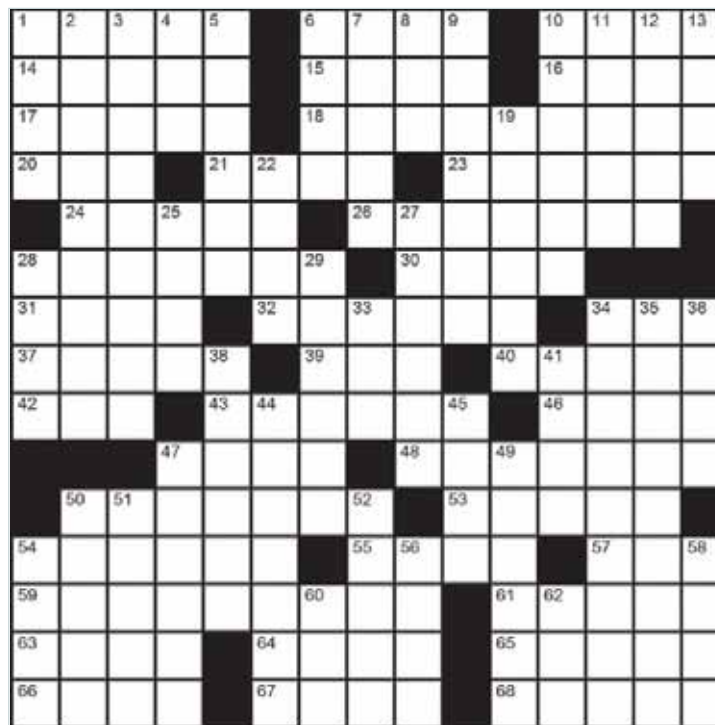
Feb. 20 - March 20

You may be tempted to go public with news that makes a rival look bad but don't be too hasty. Do they know things about you that you don't want revealed? If so, think again. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Mischief manuf-
6. Madrid 'water'
10. Pepper
14. Pantheon of Norse gods
15. "... digress..."
16. 'Hypn' suffix
17. Ms. Stanger of "The Millionaire Matchmaker"
18. Labatt Blue, for one: 2 wds.
20. Coming-in-plane, e.g.
21. Potato chip brand
23. Skillfully sidesteps something
24. Sushi shapes
26. Operating Room professional
28. Artist of 1905 painting Woman with a Hat
30. Subatomic particle
31. Burden
32. Scarf-like garment
34. Detectives, for short
37. Monsters
39. Law: French
40. "Home" (1990)
42. TKO caller
43. Uses Twitter
46. Sky bear
47. Yes
48. Saskatchewan city since 1882
50. Judicious
53. Songbook standard: "You ___ Sunshine"
54. Suspect stories



55. Maori warriors' traditional war cry/dance
57. Traditional tree
59. Where to deposit a vote: 2 wds.
61. Q."It's half past ___ my watch, what does yours say?"
- A."Three o'clock, it

- must be fast."
63. Gawk at
64. Highway division
65. Singer Ms. Gorme (b.1928 - d.2013)
66. Towards BC
67. Energy units
68. CBC's "Republic of ___"
- Down**

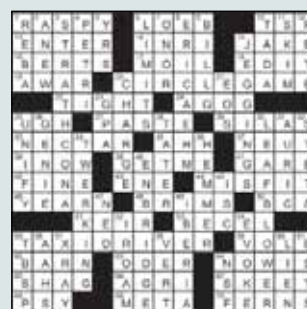
1. "___ Don't Preach" by Madonna
2. Change around
3. Sports stadium surface, sometimes
4. Puny parasite
5. Shrimp-like creatures
6. Donna Mills' role on "Knots Landing"

7. Jeans company
8. Sport-___ (All-purpose vehicle)
9. City near Calgary
10. 'See History Unfold' city in southern Manitoba
11. "Give ___."
- (Try)
12. Fabric fabricated

- from flax fibres
13. Flat-screen TVs, e.g.
19. Capital of Colombia
22. Abbreviated aide
25. Ms. Watier of cosmetics
27. Haughty
28. The Tragedy of Othello, the ___ of Venice (Shakespeare tragedy)
29. "Don't Walk Away ___" by Sam Roberts
33. The Raven poet's surname
34. 'City of the Arts', part of Metro Vancouver: 2 wds.
35. How some canned sardines are packed: 3 wds.
36. Sitcom star Mr. Hayes
38. Painter's abode
41. Gospel scribe
44. Do like Hulk Hogan
45. Drench
47. Rent out your apartment
49. - - - movie
50. Beach: French
51. Streamlets
52. "___ Song" by Sisqo
54. "Take ___" by Madonna
56. Cans
58. Leg point
60. Prevent
62. Cheyenne's li'l state

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

Yesterday's Crossword

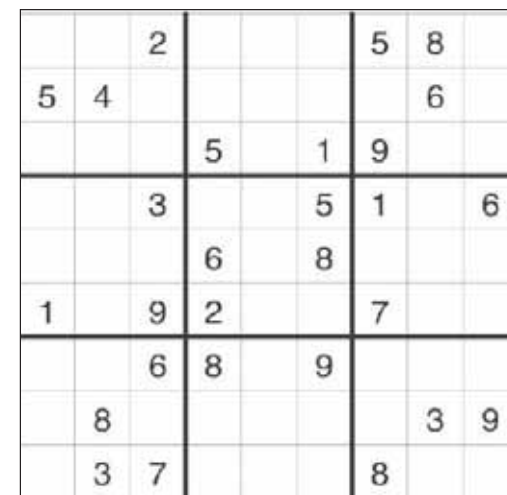


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: 8°
MIN: -1°

THURSDAY



MAX: 9°
MIN: 2°

FRIDAY



MAX: 6°
MIN: -3°

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